



## COVID-19 SAFETY PROTOCOLS

**Entry Rules** Anyone planning to attend our facility must abide by the following rules:

Stay Home If You:

- Do not feel well.
- Have a fever, difficulty breathing or a new/existing cough.
- Have been in recent contact with someone who has tested positive for Covid-19 or is suspected of having Covid-19.
- Have traveled outside of Canada in the past 14 days.

**Waivers**

All members, renters or those trying curling for the first time must sign or agree to a Covid-19 Declaration of Compliance (new) plus a Waiver (signed by adults) or Assumption of Risk Form (signed by adults on behalf of minors). The Covid-19 Declaration states that you will not enter building under specific situations (e.g. Contact with a Public Health identified positive case) and that you assume the risk of potentially being exposed or infected by the virus, and more. Anyone under age 26, as well as all coaches, must sign and drop off a copy of the Rowan's Law document which discusses concussion awareness and safety.

**Masks**

London City Council recently passed a temporary by-law, on the advice of the Chief Medical Officer of Health, which requires residents to wear a mask or face covering in all public indoor spaces. **Masks must be worn at all times** within our facilities (in the arena, lounges, locker rooms, washrooms etc.) with the following exceptions:

- Our local public health unit permits the "temporary removal of a Face Covering as necessary for the consumption of food and drink". As such, masks will not be required (optional) while you are seated at a table upstairs. A mask must be worn when you leave the table for any reason.
- Our local public health unit permits the "temporary removal of a Face Covering as necessary for actively engaging in an athletic or fitness activity". Masks must be worn in the arena, and although we **strongly encourage** the wearing of a mask at all times, a mask may be temporarily removed if necessary while sweeping or delivering a rock.
- Our local public health unit permits the "temporary removal of a Face Covering as necessary for any emergency or medical purpose".

**Sanitizer**

Hand sanitizer will be available throughout the club (in the arena, lounges, locker rooms, washrooms etc.)

- Doors** Unnecessary doors will be removed. Other doors will have their cylinders removed to allow for PUSH entry.
- Cleaning** Daily sanitizing of all touch points (doorknobs, handles, push buttons, tables, chairs, benches, doors, counters, washrooms and boot cleaners).  
Between games and whenever possible, staff will use disinfectant to wipe down all touch points and surfaces listed above.  
Cleaning logs will be maintained by staff.
- Traffic Flow** Enter only via front doors. Exit only via the side door to the parking lot.  
Use the stairs by the bar only to go upstairs. Use the back stairs only to come down.  
Enter the basement locker rooms via north stairway behind the bar, exit by coming up the south stairway.  
Enter the upstairs locker room through the lounge entrance, exit to the back hallway.
- Sheets of Ice** We will install 5 sheets of ice, regulation width, with 1-2 feet between sheets to allow for distancing.
- Schedule** There will be a minimum of 1 hour between games.  
Daily draw times are expected to be 8:30 am, 11:30 am, 2:30 pm, 5:30 pm and 8:30 pm.  
Arrival and departure times need to be enforced.
- Post-game socializing will be limited to 40 minutes (except late draws). For example, if your game is scheduled to end at 7:30, you must exit the building by 8:10.
  - Curlers may not arrive earlier than 15 minutes before their game starts. For example, if your game is scheduled to start at 8:30, you may not enter the building until 8:15.
- Staff will use this extra time between games to disinfect equipment/surfaces and prepare the curling ice.
- New Leagues** Due to limits placed on the weekly curling schedule, we have added a Competitive Daytime Open league on Wednesday as well as a Saturday Open league and a Saturday Men's league. Please consider these as alternatives to the leagues you have joined in past seasons.
- High Schools** They have been offered one draw per week, Wednesday at 2:30. The school boards have not determined if winter sports will proceed. If/when we are informed that this program has been canceled, the leagues scheduled for Wednesday at 8:30 and 11:30 will move to 11:30 and 2:30.
- Elementary** Elementary school clinics are canceled this year
- Learn To Curl** Has been moved to Saturday at 5:30.

- Rolling Stones** Moved from Wednesday to Thursday evening this year, alternating weekly draw times with Business Women.
- Bonspiels** Saturday daytime bonspiels will not be permitted. This ice time will be used by new leagues. (the Apollo Slam, if going ahead, will be the only exception)  
Organizers of other events may be offered a Saturday evening or will be canceled.  
Weekday bonspiels will not be permitted. The Sifton Classic has already been canceled.
- Rentals** Ice rentals will be accepted at the discretion of the Club Manager. Experienced groups only. A non-playing volunteer or staff member must be on duty to supervise activities relating to our guidelines. An extra \$50 will be charged and paid to this supervisor.
- Lockers** Lockers will not be available for rent and must remain closed. Curlers are to come dressed, ready to curl, except for your footwear. Locker rooms will become Unisex. Coat hooks will be installed on the outside of some lockers. When you arrive to curl, proceed to one of 2 locker rooms, upstairs or in the basement. If you are playing on Sheet 1 we ask that you use the upstairs locker room. Find an open coat hook, hang up your coat, change your shoes and leave your boots/shoes/gym bag on the floor below your coat. After your game, change your shoes. You can either take your belongings and exit the building or leave your belongings where they are, socialize upstairs, then return to get your belongings prior to leaving.
- Personal Items** With no lockers in use, members are encouraged to only bring what you need to the club. Designated spaces will be defined along the glass in the arena where you can place your personal items (keys, phone, purse etc.). Small purses are encouraged.
- Lounges** The lower lounge will be used for pre-game staging. Most tables and chairs have been removed. The upper lounge will be used for post-game socializing. Tables and chairs have been arranged to allow for maximum distancing. For each sheet of ice there will be 8 chairs (no arm rests) placed around 3 folding tables arranged in a large square.
- Washrooms** Maximum of 2 people at a time in all washrooms. Disinfectant spray and paper towels will be available for your use. Touchless faucets will be installed. Only one urinal will be available in the Men's washroom.
- Spectators** Due to current capacity limits (50 people) it will not be possible to permit spectators. The only possible exception will be where a specific league or draw time is not using all 5 sheets of ice.
- Food/Kitchen** No food is to be brought into the club this year. This includes cookies, sweets, pizza etc. Caterers will not be allowed. Snacks purchased at the bar and staff meals are the only exceptions. As a result, there will be no need to use the kitchen, dishes or dishwasher.

- Coffee/Tea** Coffee may be made and served using the club's coffee system and urns. Paper cups must be used. The club will switch to individual creamers and sugar packets. Stir sticks will be used instead of spoons. Coffee urns must be cleaned inside and out after each use. Tea may be made but paper cups must be used.
- Bar Payments** We strongly encourage everyone to use debit/credit for purchases at the bar, although cash will still be accepted.
- Bar Safety** A plexiglass barrier will be installed across the front of the bar. The side entrance/door to the bar will remain closed. Only staff are permitted behind the bar.
- Bar Lineup** The lineup for drinks will be directed away from the washrooms and stairway, out into the lounge. This will provide clear access to the washrooms and stairway. This line will be defined with spacing indicated on the floor, 6 feet apart.
- Bar Waste** After socializing upstairs, please deposit your empty bottles and cans in the bins provided near the exit. There will also be a bin for dirty glassware. Our staff will clear this area as time permits. Dirty bottles and glassware are to be left upstairs and must not be placed on the bar.
- Popcorn** Popcorn will not be sold this year. Chips and other snacks will only be sold in individual small bags. Bowls for sharing will not be available.
- Buying Drinks** Buy your own drink only (or for an immediate family member). Carrying someone else's drink is not acceptable.
- Water** Water jugs will not be available this year, either on the bar or in the arena. Bring your own water or other drink in a personal container. A new touchless water bottle fill station is being installed. You may also buy bottled water at the bar when it is open.
- Office** This area will be restricted to the Office Assistant and Club Manager only.
- Pro Shop** If shoes, pants, gloves or headwear are tried on but not sold, that item will be placed into quarantine for 3 days. Any other equipment (e.g. broom) that is touched will be wiped down prior to going back on display.
- Ice Equipment** Only Ice Staff are permitted to touch the ice maintenance equipment (scraper, hand scrapers, pebbling cans, brooms, mops and garbage cans).
- Rock handles** Stones will be sanitized by staff after each draw.

- Club Brooms** Club brooms will be available for use. They will be stored in the broom bin. A cleaning station will be provided where you can sanitize a broom prior to, and after, your game. Every broom will be numbered so that you can identify your item during the game. (Contact the office if you would like to pre-order a broom to purchase for pick-up in early October)
- Delivery Sticks** Delivery sticks will be available for use but will not be out in the arena. They will be stored in the broom bin with the club brooms. A cleaning station will be provided where you can sanitize a stick prior to, and after, your game. Every stick will be numbered so that you can identify your item during the game. (Contact the office if you would like to pre-order a delivery stick to purchase for pick-up in early October)
- Footwear** Members must have their own curling shoes, gripper and/or slider. The sharing of this equipment cannot be permitted. (Contact the office if you would like to pre-order a pair of shoes, a gripper or slider to purchase for pick-up in early October)
- Stabilizers** The club's stabilizers will be removed this year. Bring your own. The sharing of this equipment cannot be permitted. (Contact the office if you would like to pre-order a stabilizer to purchase for pick-up in early October)
- Coin Flip** Use "Rock/Paper/Scissors" instead of a coin flip.
- Measures** When measuring: Remove your gloves, sanitize your hands using the sanitizer provided, conduct the measure, return the measure device to its normal location, sanitize your hands once again.
- Scoreboards** Assign one individual to handle all scoring. That way only one person will touch the number cards which will be sanitized after each draw.
- Playoffs** The Everest Club Championship that was to be held this fall has been canceled. As a result, playoffs will NOT be held to determine our 2019-2020 Club Champions or any league champions.