

# ROCKtalk

The newsletter of the  
London Curling Club

November 2020



## PAGES 2 AND 3

2019/2020 Spirit of  
Curling Award recipients

## PAGE 4

Club receives more than  
over \$7,000 from the  
Continental Cup

## PAGE 5

Tips to stop your glasses  
from fogging up when  
playing with a mask

## London Curling Club honours Fay Weiler with lifetime membership

At a recent board of directors meeting, London Curling Club presented a lifetime membership to longtime member and board of director member and former club president, Fay Weiler.

Fay joined London Curling Club in 1983 on the suggestion of her sister who was already a member. She was new to curling and joined the mixed league for a couple of years when it curled on Friday evenings and Sunday afternoons. She remembers them as a welcoming group and quickly became involved in their activities.

At about this time Fay was also the head of the Canadian women's gymnastics judging for national and international competitions in Canada. Because she often had to judge on weekends, they eventually had to stop curling in the mixed leagues but continued curling in the daytime leagues, especially the Women's Daytime Section (WDS).

Here, she began helping out with the social aspects – working in the kitchen, cleaning up, decorating, entertaining etc. Some of her best memories were events where curlers and workers wore costumes and did skits.

She also volunteered for curling aspects – convening events and assisting with bonspiels. She was drawmaster for WDS bonspiels as well as some club spiels. She also served on the WDS games committee as games coordinator. In 1997, she was elected WDS chairperson.



In 2001, Fay was recruited to join the board of directors and serve on the curling committee (now the leagues committee). She assisted with registration and drafting the calendar. She was also involved with fundraising and the volunteering portfolio.

In 2006/2007, she served as club president, and in 2008/2009, became secretary for the board of directors.

She loves curling because it's a unique sport that offers physical activity as well as a friendly social interaction.

Participating in the club provides her the opportunity to be involved in club planning, contribute to the direction and smooth running of the club and work with amazing volunteers.

When asked about a high point of her times on the board of directors, she says it was perhaps when she had the chance to host Guy Hemmings as a guest speaker and instructor.

On receiving her lifetime membership, Fay says she was "honoured, humbled and very grateful."

She's not sure how much longer she'll continue serving on the board of directors. But she knows volunteers will find it very satisfying to make a contribution to the club, become involved in it's workings and understand how necessary they are.

Thanks Fay for all you've given to London Curling Club.

## Brenda Rouse women's Spirit of Curling recipient

The London Curling Club Spirit of Curling Award for female members was established in 1991 by Dave Shaw, in memory of his wife Anne. She absolutely loved curling. However, Anne loved the people more than she loved the game. It was the “spirit of curlers” she loved the best!

How fitting that Brenda Rouse is the 2019/2020 Spirit of Curling Award female recipient. She epitomizes the spirit of curling, with a positive attitude, honourable conduct and exemplary sportsmanship. She's thoughtful, kind-hearted and has a great sense of humour.

She's also a wonderful ambassador for the sport. Brenda just completed her 50th curling season, which started in Warton. She's participated in a variety of leagues in London and St. Thomas clubs. Brenda has organized many bonspiels and volunteered for numerous events, including the Ontario Tankard, Women's Charity Cash Spiel, Scott Tournament of Hearts and the Brier. She loves to promote the game to non-curlers and has organized curling fun nights for her co-workers, friends, Rotary Club members and International Exchange Students to allow them to experience Canada's “other winter sport”. In November 2018, Brenda was an Ambassador for Canada on a month-long Rotary curling exchange to Scotland. She was set to organize the London Curling Club as host for the Scottish Rotarians travelling throughout Ontario this fall, but the trip was postponed due to the pandemic.

Brenda is a perpetually cheerful competitor who compliments good shots of both teams and even those on neighbouring sheets! Her most special curling experience is that she met her partner, Harry Moffat, while curling in the Tuesday Mixed League at London Curling Club.

The award was presented to Brenda by Kevin MacDonald, 2019/2020 London Curling Club president during the the Women's Daytime Section draw on Oct. 23. Brenda was honoured and humbled to receive the award, as she knew Anne Shaw very well. Congratulations Brenda from all London Curling Club members.



### DEACON FLOORING

CARPET, WOOD FLOORS & CERAMIC Inc.

EXCLUSIVE SHOP AT HOME SERVICE  
870-RUGS

1900 Hyde Park Road  
London, Ontario, N6H 5L9  
Telephone: 519 472-2992 Fax: 519 472-2998  
E-Mail: [jim.deacon@deaconflooring.com](mailto:jim.deacon@deaconflooring.com)

### The Nemeth Group



**Richard J. Nemeth**  
Vice President  
Investment Advisor

CIBC Wood Gundy is a division of  
CIBC World Markets Inc.

CIBC World Markets Inc.  
One London Place  
255 Queens Avenue, Ste. 2200  
London, ON N6A 5R8

Tel: (519) 640-7740  
Fax: (519) 663-5037  
Toll Free: 1-800-265-5982



**Dr. Paul Pispidikis B.A., D.C.**

586 Oxford Street East, London, Ontario N5Y 3J1  
Phone (519) 435-1263 Fax (519) 435-1720  
[www.chiropracticlondon.ca](http://www.chiropracticlondon.ca)

## Gord Lammers men's Spirit of Curling recipient

In 1981, the Spirit of Curling Award for male members was established and donated by Ken Koprowski. He proposed an award be presented annually to a male curler who best demonstrated sportsmanship, camaraderie, a positive attitude and a genuine love for the game, where such feelings were not governed by whether a game was won or lost. He felt that these traits come from within a person. Trophies don't generate them. You either have them or you don't!

Nominations are submitted by our club members and the final decision is made by the executive committee of the London Curling Club board of directors.

Gord Lammers is a long-time member who loves to curl and is totally committed to London Curling Club. He's always pleasant, friendly and cheerful, on and off the ice, whether winning or losing a game. He's a friend to all members. He has a very positive attitude and always demonstrates good sportsmanship, encouraging team mates and opponents equally. Even sidelined by back surgery early in 2020, Gord continued to come to the club to watch the games, cheer on his fellow curlers and socialize after the games. Gord is also very well known for his quirky sense of fashion, which sets him apart from other members and which everyone enjoys.

The award was presented to Gord during the Thompson Social League draw on Oct. 27 by Kevin MacDonald, 2019/2020 London Curling Club president. To quote Gord, "Some of my shots really suck, but I choose to focus on the ones that don't"!

Great positive attitude Gord. Congratulations from all London Curling Club members!



## Got a story for Rock Talk?

Please send any story ideas or club happenings for the next issue to Brian Arnold (barnold439@gmail.com). Deadline for the December 2020 issue is Nov. 27.



[EXCALIBURINSURANCE.CA](http://EXCALIBURINSURANCE.CA)



[www.homecastle.ca](http://www.homecastle.ca)  
**HOMECASTLE**  
**WINDOWS AND DOORS**  
Visit our showrom at  
535 First St., London  
519-659-3550



On behalf of Curling Canada and the Continental Cup 2020 host committee co-chairs Peter Inch, Ken Schofield and himself, Tim Lindsay (shown at left) presented a \$7,034 cheque to current London Curling Club president Michael Leisinger. The London Curling Club provided dozens of volunteers for the many and varied roles needed to make the Continental Cup a successful event.



On Oct. 23 members of the Women's Daytime Section met (suitably spaced of course) to witness the passing of the torch, and the pin, from Jinx Findlay (shown at left) to Joanne Laws (at right) as the past chair, and from Joanne to Sherry Chambers as the current chair of the Women's Daytime Section.

## A note from our ice techs

With the latest curling schedule, our ice technicians have only 30 minutes between games to:

- Sweep, pebble and nip three sheets of ice
- Sanitize 48 curling stones, the ledge by the glass, the scoreboards and replace numbers with clean ones
- Empty all trash cans
- Refill tissue boxes if necessary

You can help by exiting the arena quickly once your game is mathematically finished and by staying on time. Please be patient and don't expect the ice to be ready early. When we're finished, we'll let you know. Our ice staff is doing their best to provide you with excellent curling ice in a safe environment.

**THANK YOU**  
**to everyone who has made a donation to the club this year.**  
**Your generosity is greatly appreciated as it will help the organization through this difficult time.**



**HARRIS**  
 FUNERAL HOME LTD

Traditional Services ♦ Cremation Alternatives

For preplanning information visit  
[www.HarrisFuneralHome.ca](http://www.HarrisFuneralHome.ca)  
 or call 519-433-7253

Family-owned & operated since 1962

LINDA ARTHUR



- weddings
- anniversaries
- bridal showers
- birthdays
- Christmas parties
- pig roasts
- business luncheons
- banquets
- corporate catering
- cocktail receptions
- dinner parties

22254 Cherry Hill Road, Thorndale, Ontario N0M 2P0  
 Telephone: (519) 461-1470 Fax: (519) 461-0804

# Helpful tips for curling with masks and glasses

By Greg Lewis and Marj Dudley

Many curlers are having trouble with their glasses fogging up due to wearing a mask on the ice. This happens when the warm, moist air from your lungs rises up through your mask and passes over the cold lens on your glasses. So what can you do?

To completely fix the problem you'd have to go without your glasses or use contact lenses, but those aren't viable options for everyone. Here are some other ideas you might want to try:

- If possible, take your glasses off between shots. Put them back on just as you prepare to throw or sweep a rock. Consider wearing an eyeglass lanyard.
- One of the best solutions we've found is to put a strip of surgical tape (avoid other types of tape) across the top of your mask, sealing the mask to the skin of your nose and cheeks. Once you put on the mask and tape it to your skin you won't be able to easily remove it, but your glasses should remain fog free during the game. You may find it slightly harder to breathe through your mask because you have removed a gap where the air can escape.
- Fold a tissue and place it between the top of the mask and your nose and cheeks. This is quite simple to do and it actually does a good job of restricting the air from escaping and fogging your lenses.
- If your mask has a wire at the top, use it to form a snug fit across the bridge of your nose.
- Pull your mask up high on your face and rest your glasses on top of the mask, forcing the air flow tight to your face and away from your lenses.



- Prior to game time, wash your glasses with soapy water (Dawn dish soap if possible) and let them air dry. Don't wipe them to dry. This leaves a thin film on the lens that helps to prevent fogging.
- Fill a small spray bottle with one part dish soap (Dawn works best), one part vinegar and 10 parts water. Clean your glasses well and dry them. Next, spray a quick light coating of the mixture on the inner lens surface and allow to air dry. The thin coating produced will help prevent fog buildup.
- Your local optometrist likely has an anti-fog cloth available for sale. Some of the more popular brands are Fog Blocker, Nikon's Fog Eliminator and Fog Block by Nerdwax. Simply clean the lenses as usual then wipe them with the cloth.
- There are also many spray products on the market to assist with lens fogging. Search online for Fog Away or Fog Gone which are both anti-fog sprays.
- Finally, one of our curlers swears by a product called CatCrap that can be found by the checkout aisle at Mark's. Like other products listed above, it's also applied to your lenses after a good cleaning.

We hope this information will help you find a solution to this nagging problem. Good curling!

*Reconnect with life ...  
imagine the possibilities.*

**BENTLEY**  
HEARING SERVICES  
www.bentleyhearing.com

For all your hearing needs:

1807 Wonderland Road N. | 460 Springbank Dr.  
519.473.5850 | 519.936.5850

BBB | London Chamber of Commerce | BUSINESS ACHIEVEMENT AWARDS | BEST OF 2020 | 2020 WINNER

**TETRIS FINANCIAL INC.**  
*"Wealth has no finish Line"*

Michael Wainman  
Owner & President  
Office: 519-933-4198  
tetrisfinancial@outlook.com